



THE FULHAM AFTERSCHOOL'S MENU

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	Tomato and cucumber	Tomato and cucumber	Tomato and cucumber	Tomato and cucumber	No dinners on Fridays
Main Dish	Chicken pané with rice	Beef Lasagna	Pasta home made tomato sauce	Pasta Bolognaise	No dinners on Fridays
Sauce/accompaniment			Parmesan cheese	Parmesan cheese	No dinners on Fridays
Dessert	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	No dinners on Fridays
(*When possible, we will try to match the school's menu for children to have a different meal for dinner.)					

We kindly remind to let us know if your child has any allergies.

Please note that our menus do not contain pork.